



Keeping Safety in Mind as we Approach Summer 2022

****All Protocols are subject to change based on the most current regulations from the CDC, STATE, DPH and OEC.***

Commissioner Beth Bye, of the State of Connecticut Office of Early Childhood (OEC), has stated that it's important for camps to continue to meet their mission to assist children and families by providing 'critical childcare for frontline workers' and 'critical experiences for children' during this public health crisis.

We will continue to follow the state regulations and currently follow the guidance provided in the most recent memos from the OEC.

[Memo-45-Vaccine-Requirement-revised-1-24-22-Final.pdf \(ctoec.org\)](#)

[Memo-37-Guidance-Post-Vaccine-REVISED-1-24-22-Final.pdf \(ctoec.org\)](#)

For more information or access to all memos the OEC has published visit <https://www.ctoec.org/covid-19/memos/>

If you have any reason to believe that your child has a greater health risk due to a medical condition or underlying health concern you should seek medical advice before considering sending your child to camp. Parents/Guardians of campers that are at higher risk you must consult your medical provider to determine if attendance is acceptable. For full details on Higher Risk people visit the CDC website [here](#).

You need to make the right choice for your family. If you have someone in your home that is in an 'at risk' category, you should carefully consider whether sending your child to camp is the best choice at this time.

Vaccinations

The CDC strongly suggests that campers over the age of 5 get vaccinated. We do not require campers to be vaccinated, however, when you register you can indicate your camper's vaccination status to help us determine the proper quarantine protocol.

Overnight Camp Check-In Procedure

On Sunday, parents should check in at a designated registration location. There will be staggered registration times to increase social distance. You will receive a 'Check In' email a few days prior to your session that will direct you exactly when and where to drop off. Parents and campers are required to wear appropriate face coverings during drop off when inside of cabins and buildings. We ask that parents not linger on the property after setting up their camper in the cabins.

Sick children and staff are to stay home.

We are required to communicate to parents the importance of keeping children home when they are sick. We are required to communicate to staff the importance of being vigilant for symptoms and staying in touch with camp leadership if or when they start to feel sick.

Preventing Infections

Cleaning of Facility

Hartford County 4-H Camp has hired a cleaning company that will sanitize and disinfect multiple times throughout the day.

Hand washing

All children, staff and volunteers should engage in hand hygiene at the following times:

- Arrival, and after breaks
- Before and after preparing food or drinks, eating or handling food
- Before and after administering medication
- After using the toilet, coming in contact with bodily fluid
- After playing outdoors, handling garbage
- After blowing one's nose, coughing, or sneezing

Face Masks

Face masks or cloth coverings worn over the mouth and nose by all staff and campers, when inside a building (unless they are with their cabin mates inside their cabin or eating). We ask that day campers wear a clean mask every day and that overnight campers bring at least 10 clean masks to camp.

Face masks should:

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction

**Bandanas, gators, and masks with vents are not appropriate face coverings.*

Symptoms & Understanding the Spread

All staff will be trained to understand the symptoms and understand the spread of COVID-19. People with COVID-19 have had a wide range of reported symptoms – from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Repeated shaking with chills
- Muscle Pain
- Headache
- Sore Throat
- Shortness of breath or difficulty breathing
- Or at least two of these symptoms
 - Fever
 - New loss of taste or smell
 - Chills

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.

Sick Campers and Quarantining

OEC and the CDC have recommended a “Sick Room” for campers exhibiting symptoms Covid-19. Hartford County 4-H Camp has taken the necessary precautions to limit infection by adding an additional entrance to the Grant House and having rooms available for sick campers to isolate if necessary.

If a camper is suspected of having COVID-19 during their week, a parent/guardian will be notified and they will need to be picked up within 1 hour. In order for your camper to return to camp, they must be able to show proof of a negative test (either Rapid test or PCR test). We have a limited amount of at home COVID-19 test kits and will be able to send one home with you and your camper. Please review the table below for specific isolation and quarantine procedures set forth by the OEC based on vaccination status.

Hartford County 4-H Camp 2022 COVID-19 Safety Measures - Updated 2/4/2022

	Individuals (e.g. staff or children) with any COVID-19 symptoms		Individuals (e.g. staff or children) with no COVID-19 symptoms
If fully vaccinated against COVID-19 (defined as two weeks after second dose of Pfizer or Moderna vaccines or first dose of Johnson & Johnson vaccine)	<p>Isolate at home.</p> <p>Test for COVID-19 (either self-test or at a testing site).</p> <p>If test result is negative, return to activities when fever-free for at least 24 hrs. and other symptoms are significantly improved.</p> <p>If test result is positive, isolate for at least 5 days, return to activities on day 6 or later when fever-free for at least 24 hrs. and other symptoms are significantly improved.</p> <p>Wear a mask at all times when around others for an additional 5 days (i.e., through day 10).</p>		<p><i>If notified of a close contact with a COVID-19 case:</i></p> <p>Continue with work/daycare attendance.</p> <p>Test for COVID-19 (either self-test or at a testing site) 5 days after the exposure.</p> <p>Consider quarantining for 5-days from other activities outside of work, especially if notified of an extended high-intensity exposure (e.g., household contact, unmasked social contact, contact during athletic activities).</p> <p>Wear a mask at all times during any activities when around others for 10 days.</p>
If only partially vaccinated (one dose of a two dose COVID-19 vaccine or within two weeks of final dose) or Unvaccinated or Vaccination status is unknown	<i>If notified of a close contact with a COVID-19 case:</i>	<i>If no known close contact with a COVID-19 case:</i>	<i>If notified of a close contact with a COVID-19 case:</i>
	<p>Isolate at home for a minimum of 5 days since last exposure to the COVID-19 case.</p> <p>Test for COVID-19 (either self-test or at a testing site).</p> <p>Return to activities on day 6 or later when fever-free for at least 24 hrs. and other symptoms are significantly improved.</p> <p>Wear a mask at all times during any activities when around others for an additional 5 days (i.e., through day 10).</p>	<p>Isolate at home.</p> <p>Test for COVID-19 (either self-test or at a testing site).</p> <p>If test result is negative, return to activities when fever-free for at least 24 hrs. and other symptoms are significantly improved.</p> <p>If test result is positive, isolate for at least 5 days after symptoms began, return to activities on day 6 or later when fever-free for at least 24 hrs. and other symptoms are significantly improved, and wear a mask at all times during any activities when around others for an additional 5 days (i.e., through day 10).</p>	

Questions? Fill out a help desk ticket [here](#). We have qualified staff, board members and registered nurses available to answer further questions.

Additional Resources

- [CDC Covid Resources](#)
- [Connecticut Covid-19 Resources](#)
- [CT Pediatric PCR Covid-19 Testing Sites](#)
- [Vaccine Information](#)